

Freedom of Information Act 2000

The Royal Cornwall Hospitals NHS Trust Response to Information request

Date Request Received: 31 October 2025

Ref:30920

Requested Information:

I am writing to request information under the Freedom of Information Act 2000 regarding how your Trust defines and manages pregnancies in women of advanced maternal age (AMA).

Please provide the following:

1. The Trusts current definition of "advanced maternal age" used in maternity care, including any numerical age thresholds applied in policy or clinical documentation.
2. Copies or links of any Trust policies, protocols, or guidelines that relate specifically to the management or care of pregnant women of advanced maternal age.
3. Details of any patient information materials, counselling frameworks, or communication guidance provided to staff concerning risk communication with AMA women.
4. Confirmation of whether the Trust has a dedicated multidisciplinary approach or specialist clinical pathway for older mothers; if so, please describe its key features and remit.

Please provide the information electronically in Word or PDF format.

Response:

1. The Trusts current definition of "advanced maternal age" used in maternity care, including any numerical age thresholds applied in policy or clinical documentation.
2. Copies or links of any Trust policies, protocols, or guidelines that relate specifically to the management or care of pregnant women of advanced maternal age. **There are no Trust policies, protocols, or guidelines that relate specifically to the management or care of pregnant women of advanced maternal age currently available.**

3. Details of any patient information materials, counselling frameworks, or communication guidance provided to staff concerning risk communication with AMA women. ***For women over 35, the Royal Cornwall Hospitals NHS Trust (RCHT) follows national guidance (NICE and RCOG) which involves a standard antenatal care pathway with some additional monitoring and consultant review to manage the slightly increased risks associated with advanced maternal age***

4. Confirmation of whether the Trust has a dedicated multidisciplinary approach or specialist clinical pathway for older mothers; if so, please describe its key features and remit. **We do not have a dedicated MDT for maternal age but women with advanced maternal age are managed with an MDT approach.**

Attachment(s):

No Attachment(s)

Date Response sent: 27 November 2025