

Freedom of Information Act 2000

The Royal Cornwall Hospitals NHS Trust Response to Information request

Date Request Received: 5th September 2025

FOI Ref 30204

Requested Information:

I would like to know the number of referrals to ENT specialists at this NHS Trust between **August 2018 and August 2025**, which have related to a patient suffering with rhinitis medicamentosa, also known as decongestant nasal spray dependency.

Please provide me with the following information if possible:

- Number of patients referrals to an ENT specialist referencing rhinitis medicamentosa AND/OR nasal spray overuse/dependency at this Trust between **August 2018 and August 2025**
- If possible, also indicate how many of such referrals resulted in a patient undergoing surgery

IF providing data from **2018 to 2025 is not possible**, please let me know the numbers you can get - even if it is just the past year then that is fine.

If it is not possible to provide any of the information requested due to the information exceeding the cost of compliance limits identified in Section 12, please provide advice and assistance, under your Section 16 obligations, as to how I can refine my request to be included in the scope of the Act. In any case, if you can identify ways that my request could be refined, please provide further advice and assistance to indicate this.

Response:

This is not a condition that we code for in our clinic outcome forms.

Attachment(s):

No attachment(s)

Date Response sent: 25th September 2025