

Patient Information Leaflet

Pretibial Laceration

The cut on your leg is one that needs special care and can take anything between weeks and months to heal.

We don't routinely use stitches on this type of cut because the skin is usually very thin on your leg, so instead we use wound closure strips.

Your cut will heal better with a good supply of blood to it, which is why we sometimes put the bandage all the way from your toes to your knee. This ensures a good, even circulation to your leg.

Do

- Keep your bandage on until your next dressing appointment
- Keep yourself mobile and walking around as usual
- Rest 2 or 3 times a day for ½ hour each time by sitting or lying down with your legs higher than your bottom

Don't

- Get your dressing wet
- Stand for a long time in one position

Return before your next appointment if

- Your leg bleeds heavily, soaking the dressing;
- Your toes become very swollen;
- You are worried about your leg for any reason at all.