

**Freedom of Information Act 2000**

**The Royal Cornwall Hospitals NHS Trust Response to Information request**

**Date Request Received: 18<sup>th</sup> June 2025**

**FOI Ref No 29213**

**Requested Information:**

Please provide the information for patients for calendar years: 2022, 2023, 2024 and 2025

1. Number of people diagnosed with a stress-related condition (e.g., anxiety/stress/burnout/high blood pressure).
2. Number of separate appointments where stress was the primary diagnosis or treatment focus.
3. Number of referral appointments for 'stress' related conditions/diagnosis

**Response:**

1. Please see appendix one
2. Please be advised that Royal Cornwall Hospitals Trust (RCHT) does not typically code for outpatient appointments. Therefore, the Trust cannot identify this information without looking at the notes for each appointment. Please see appendix two.
3. Please be advised that RCHT does not typically code the condition/diagnosis when making referrals. Therefore, the Trust cannot identify this information without looking at each individual referral made. Please see appendix two.

It may be worth noting that Royal Cornwall Hospitals Trust is not a mental health service provider.

**Attachment(s):**

Appendix One - FOI Ref 29213 Question 1 Response

Appendix Two:

**FREEDOM OF INFORMATION ACT 2000 - INFORMATION REQUEST Ref: 29213**

Further to your request for information dated **18<sup>th</sup> June 2025**, I can confirm that the Royal Cornwall Hospitals NHS Trust holds information that falls within the description specified in your request. However, we estimate that the costs of complying with your request would exceed the cost limit. The cost limit is specified in regulations and for the Royal Cornwall Hospitals NHS Trust this is set at £450. The cost limit represents the estimated cost of one person spending 18 working hours in

determining whether the Royal Cornwall Hospitals NHS Trust hold the information, locating, retrieving, and extracting the information. Consequently, the Trust is not obliged under Section 12 of the Freedom of Information Act 2000 to respond to your request, and we will not be processing your request further. **The information you have requested is not held centrally and would therefore require a manual review of the information held within individual patient notes.**

We may be able to assist you if you narrow the scope of your request to referrals to mental health services – including psychology service input. Please note that this would not specify “stress-related” diagnoses. Please let us know if this would be acceptable. Any narrowed request received will be treated as a new FOI request and the time limit to respond will not begin until we have received that narrowed request.

I apologise that we are unable to fully assist you in this instance.

If you wish to discuss any of the above, please contact me. Please remember to quote the reference number above in any future communications.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to the Information Governance Manager, Knowledge Spa, Royal Cornwall Hospital, Truro, Cornwall, TR1 3LJ or e-mail [rch-tr.FOI@nhs.net](mailto:rch-tr.FOI@nhs.net)

If you are not content with the outcome of your complaint or review, you may apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by the Royal Cornwall Hospital.

The Information Commissioner can be contacted at:  
Information Commissioner's Office,  
Wycliffe House,  
Water Lane,  
Wilmslow,  
Cheshire,  
SK9 5AF  
Telephone: 0303 123 1113 or 01625 54 57 45

[www.ico.org.uk](http://www.ico.org.uk)

**Date Response sent: 1<sup>st</sup> July 2025**