

Hand Assessment Clinic (Children)

Who is this leaflet for?

Your child has been referred to the Hand Assessment Clinic. At this clinic, your child will be seen and examined by a surgeon and a decision made whether surgery is necessary to treat his or her current hand problem.

What if my child needs surgery?

If the surgeon recommends an operation this will usually take place on the same day but you may be asked to return on another day. We therefore ask that your child has no food after **2am** on the morning of your clinic appointment but can continue to drink water and clear fluids (eg squash) until **8am**. Breastmilk can be continued until **6am**. Once your child is assessed, the clinic team will guide you further on food and drink.

If the operation is to take place on the same day, you will be asked to wait on one of the children's wards.

If your child does have an operation, it is likely that they will be going home that same day. If possible, please ensure that you have a supply of painkillers at home.

Occasionally it is necessary for your child to stay in hospital overnight. We recommend that you bring a few items (toiletries, nightclothes, underwear) with you if you think it will be difficult to bring these to the hospital later in the day.

Contact us

For any queries or if you are unable to make your appointment, please contact the hospital switchboard on 01872 250000 and ask to be put through to the Hand Trauma Co-ordinator (Monday – Friday, 8am – 4pm).

For urgent concerns outside these hours please ring NHS 111.

Where to find us

Fracture Clinic, First Floor, Trelawny Wing, Royal Cornwall Hospital, Truro.

Please report to the Fracture Clinic reception on:

Date : **Time:**

If you would like this leaflet in large print, braille, audio version or in another language, please contact the General Office on 01872 252690