

5. Answer the tailored assessment questions to register a score.
6. Once completed, click 'Click to complete' to save the assessment.

Once you've created an account, remember to note down and keep your password safe. If you have any technical issues, click on the 'Contact us' button on the left-hand side of the My Clinical Outcomes website.

Contact us

If you have any other questions, please contact us:

Email: rcht-support@myclinicaloutcomes.com

Phone: 01872 253442, or contact your consultant's secretary (details will be found on your hospital correspondence).

My Clinical Outcomes are accredited by the International Consortium of Health Outcomes Measurement (ICHOM). For the purpose of the Data Protection Act 2018 (the 'Act'), MY CLINICAL OUTCOMES LTD is the data controller and is registered with the Information Commissioner's Office with notification number Z3406743



If you would like this leaflet in large print, braille, audio version or in another language, please contact the General Office on 01872 252690



Following your joint replacement

Information about virtual clinics



Who is this leaflet for?

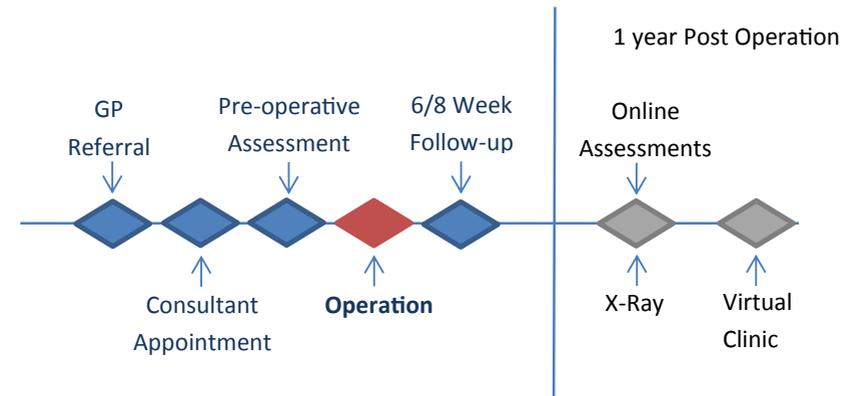
This leaflet is for patients who have recently undergone a hip or knee replacement. It explains how your consultant will monitor you following your surgery. We are improving the efficiency of patient follow-up by introducing virtual clinics where the consultant will monitor your progress using online scores and an X-ray, without the need for you to attend in person.

What are virtual clinics and how do they work?

- Prior to your surgery (for example, after clinic or at your pre-operative assessment appointment), you will be asked to register on the My Clinical Outcomes website using your email address.
- You will be seen by your consultant or their team 6 to 8 weeks after surgery in the outpatient clinic.
- Following this first review, if your surgeon is happy with your progress, your follow up will be planned through our virtual clinics.
- When you are due for review, you will be invited to attend for an X-ray at your local hospital (or chosen location).
- You will be prompted by e-mail to complete an online assessment every 6 months, and when you are due for your joint replacement review.
- You can submit any questions or concerns for your consultant and their team via our dedicated e-mail (see overleaf).
- Your consultant, or a member of their team, will review your online assessments, any comments and your X-ray.
- You will then receive a copy of a letter sent to your GP with a summary of your review and the next steps.

What are the benefits of virtual clinics?

- Easy monitoring of your progress by your consultant and their team.
- Reduced travel costs.
- Reduced time spent at hospital appointments.
- Complete regular online assessments at your leisure within the comfort of your own home.



What will I be expected to do?

1. Register on My Clinical Outcomes (www.rcht.myclinicaloutcomes.com).
2. Complete regular assessments (minimum twice a year) online when prompted.
3. Attend for an X-ray at a hospital near your home or of your choice.

Did you know?

- If you don't attend a booked X-ray it costs the NHS £50?
- By not completing your prompted scores online, it costs the NHS £73?

How do I register for a virtual clinic?

You need to have access to the internet and an e-mail address, with help from a family member if necessary:

1. Visit www.rcht.myclinicaloutcomes.com and click on the 'Register' button.
2. Choose your consultant under **Orthopaedics** (the details of your consultant will be on your hospital correspondence).
3. Select your main problem area, such as hip or knee (you can add another condition at a later date by clicking on 'Other conditions' then 'Add condition').
4. Click 'Create account'.