

Corneal erosion

What is a corneal erosion?

The cornea, the front of the eye, is more delicate than the rest of the eye. The cells on the surface can be easily damaged, causing a corneal erosion.

What can cause the damage?

It can happen suddenly:

- after rubbing the eye
- on waking after sleep if the eyelids have stuck slightly to the eyeball
- after an injury.

How does the eye feel?

It will be:

- painful
- watering
- sensitive to light.

What treatment will help?

This depends on how bad the erosion is. You may need:

- ointment
- dilating drops
- painkilling tablets if necessary. Follow the instructions carefully.

Will it happen again?

Possibly. As a precaution, use a lubricating eye gel or ointment. You can buy these from the chemist or pharmacy. Apply **at night** for two or three months after the injury.

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