

Space for your own notes

Occupational Therapy service in the Emergency department



If you would like this leaflet in large print, braille, audio version or in another language, please contact the General Office on 01872 252690



Who is this leaflet for?

This leaflet is aimed at patients being discharged from the Emergency Department, who may benefit from the hospital's occupational therapy service.

What is occupational therapy in the Emergency Department?

The aim of occupational therapy (OT) is to enable those who are temporarily or permanently disabled to be as independent as possible in their everyday lives, whilst recovering from illness or accident, or adapting to disability.

What do occupational therapists do?

We begin by finding out the reasons why you are unable to carry out the everyday activities that we all take for granted. We then work with you to find ways of overcoming or coping with these problems.

We work closely with other professionals such as doctors, nurses and other therapists.

What kind of problems can be helped?

We can help if you have difficulties with:

- Mobility, getting around indoors and outdoors safely.
- Managing day-to-day tasks like cooking, cleaning, laundry and shopping.

- Personal care tasks, climbing in and out of the bath, reaching to put on shoes or socks.
- Caring for someone else who relies on you because of special or particular needs.
- Longer term disabilities which limit you in some way.
- Maintaining your independence at a level which suits your needs and wishes as well as your capabilities.

How can occupational therapy help?

We can:

- Teach you new ways of doing everyday tasks to maximise your independence.
- Provide equipment to help you manage tasks more safely.
- Offer advice and information on how to manage after your accident and where to get further support.
- Arrange a package of care to help you at home short-term until you have recovered.

Contact us

Please ask to be referred if you think an occupational therapist may be able to help or if you have further questions.

Contact: 01872 252885 or
01872 250000 Bleep 3221

Your Occupational Therapist is:

Useful Numbers

Age UK Keysafe and Lifeline Cornwall	01872 266388
ALFI	01872 224521
British Red Cross	01872 272878
Cornwall Mobility Centre	01872 254920
HSC Mobility	01736 755927
Tremorvah Industries	01872 324340
Transport for Volunteers	01872 265300
Adult care, health and wellbeing	0300 1234131
Meals on Wheels	0300 1234131
Cornwall Women's Refuge Trust	01872 225629
Samaritans	01872 277277
Pentreath – Mental health support	01726 862727
Outlook South West	01208 871905
Be me	01579 373700
Cruse Bereavement Care	01726 76100