

CPAP therapy and bariatric surgery

Why am I being asked to self-administer my CPAP whilst in hospital?

You will already be established on your CPAP prior to admission and will be confident to apply your mask appropriately and care for your own CPAP machine. Continuing to undertake this in hospital will allow you to maintain your independence while in hospital.

What will happen if I am not able to fully self-administer my CPAP whilst in hospital?

Your nurse will assist you with this if needed. If management of your CPAP is a problem you may need to be cared for in the critical care unit. Your suitability to self-administer your CPAP will have been decided at the bariatric assessment clinic and the decision made as to which ward/unit you will need to recover on following your surgery would have been made. If you are no longer able to self-administer your CPAP on admission, for your safety your operation may need to be cancelled if we are unable to secure a critical care bed.

What will happen to my own CPAP machine?

You will need to make sure you have had your machine serviced within 24 months before your operation. If you have not had it serviced please arrange for this to be done before your operation date.

You will need to bring in your machine and equipment from home to use during your hospital stay.

What if I become unwell?

If you become unwell, it may mean that you will need to be transferred to the critical care unit where the staff are experienced in looking after critically ill patients that need CPAP and other forms of ventilation.

What happens when I go home?

You should continue to use your CPAP machine regularly. Once you have lost weight you may no longer need to use the CPAP machine, as by losing weight your obstructive sleep apnoea may improve and be cured. Before stopping the therapy please contact the respiratory nurses for reassessment to ensure that it is safe to do so.

Any questions?

If you have any questions or need further information please contact the bariatric team on 07789 615828.

If you would like this leaflet in large print, braille, audio version or in another language, please contact the General Office on 01872 252690