

## Contact us

If you have any queries or need any further information, please contact the Nuclear Medicine department on 01872 252330.

**If for any reason you cannot attend, please inform us so that another patient can have your appointment.**

All our images are now stored digitally. If you would like further information please ask for a leaflet at reception when you arrive.

If you would like this leaflet in large print, braille, audio version or in another language, please contact the Patient Advice and Liaison Service (PALS) on 01872 252793



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## Thyroid scan



**One + all | we care**

### **Who is this leaflet for?**

Your doctor would like you to have a nuclear medicine thyroid scan and has arranged for you to visit our department. This leaflet aims to answer any questions you may have, but please don't hesitate to contact us if you need any more information.

### **What is a thyroid scan?**

A thyroid scan is a sensitive test that will give your doctor useful information about how well your thyroid gland is working. It is often used to investigate swellings in the neck.

### **Are there any alternatives?**

You could have an ultrasound scan, however this does not provide as much information about how your thyroid gland is working. You may need an ultrasound as well as your thyroid scan.

### **How do I prepare for it?**

Wear loose and comfortable clothing. You can eat and drink normally.

**If you are taking medication to control your thyroid please ring the department when you receive this appointment.**

### **What will happen?**

When you arrive in the department, a small injection of a radioactive tracer will be injected

into your arm. It is very unlikely that you will have any side effects from this. You will be scanned around 20 minutes after your injection.

### **How is the scan performed?**

During the scan, you will be asked to lie on a bed for about 10 minutes, while the radiographer takes pictures. The camera will be positioned close to you but you should not feel claustrophobic.

### **Is it suitable for everyone?**

If there is a chance that you may be pregnant or are breast-feeding, please contact us before your appointment date. If you are a woman of childbearing age, we will ask you to confirm that you are not pregnant. If there is any doubt we will have to rebook your test, unless the test is urgent.

If you have any special requirements regarding manual handling, or if you suffer from urinary incontinence, please inform us before you attend your appointment so that we can make suitable arrangements to help you.

### **What happens afterwards?**

You can go home or back to work as normal. Eat and drink normally and continue taking your tablets.

### **Are there any risks?**

We ensure that the amount of radiation you receive is as small as possible. It is similar to the natural radiation you would receive from living in Cornwall for two months. Radio-activity is eliminated from your body very quickly and allergic reactions are very rare.

### **Can I bring someone with me?**

Yes, but please do not bring pregnant women or children unless they are the patient.

### **When will I get my results?**

We are unable to give you the results of your scan on the day you attend. We will send a report to the doctor who asked us to do the scan as soon as possible.

### **Where can I park?**

Parking is in the pay and display car parks. There are 'dropping off' points and parking for the disabled near the main entrances. Please allow plenty of time when coming for your appointment.

### **Where is the Nuclear Medicine department?**

We are located in the basement of the Tower Block. On reaching the basement follow the signs to Nuclear Medicine, which is at the end of the corridor past Medical Physics.