

Following your dynamic rectal examination (proctogram)

You have had a dynamic rectal examination (proctogram) which involved drinking barium liquid and inserting barium paste into your rectum (back passage).

What should I expect afterwards?

- Following this examination we recommend that you visit the toilet as you may have some residual barium paste in your bowel. Your stools may be white for a few days.
- Barium can be constipating so we recommend that you drink plenty of fluids afterwards and if necessary take a mild laxative.
- Female patients may have a small amount of clear discharge from the vagina.

How will I get my results?

Your examination results will be sent to the doctor who referred you for this test (this may be a hospital consultant rather than your GP). They may write to you with the results or see you again in the Outpatients Clinic.

If you would like this leaflet in large print, braille, audio version or in another language, please contact the General Office on 01872 252690