

## Further information

If you have any questions about your examination, or need any further information, contact the staff in the Gastrointestinal X-ray suite on 01872 252338.

If you need to change your appointment time, please contact the appointment clerk on 01872 252290.

If you would like this leaflet in large print, braille, audio version or in another language, please contact the General Office on 01872 252690



# Bowel transit study



One + all | we care

### **What is a bowel transit study?**

Your doctor has asked us to perform a transit study of your large bowel. This is an examination to measure the time it takes for food to pass through your bowel.

### **What is it used for?**

This examination will show any abnormality in your bowel transit.

### **Are there any alternatives?**

No.

### **What will happen?**

You will need to swallow several capsules, which contain a number of small shapes that will show up on X-ray. When the capsules reach your stomach they dissolve, releasing the shapes.

These shapes will then travel harmlessly through your bowel with your food. We will monitor their progress by X-raying your abdomen after three days.

### **How do I prepare for my bowel transit study?**

On ..... at 8 am, take two capsules labelled 1.

On ..... at 8 am, take two capsules labelled 2.

On ..... at 8 am, take two capsules labelled 3.

Continue to eat and drink normally until you have had your X-ray.

In order to get an accurate examination you should refrain from taking laxatives, enemas or suppositories until after your X-ray, but if you feel you cannot do this, you may continue. Please accurately record what you have taken on this form and bring it with you to your appointment. This information will help with the result.

Day 1 .....

Day 2 .....

Day 3 .....

Day 4 .....

Day 5 .....

Day 6 .....

### **The day of your X-ray appointment**

Your appointment for your abdomen X-ray is on:

.....

Please report to the Clinical Imaging Department, Tower Block, Royal Cornwall Hospital, Truro.

### **What if I can't make my X-ray appointment?**

We need to X-ray your abdomen three days after you have taken the last capsules.

If you are unable to attend for the X-ray appointment on the above date, **do not take the capsules**. Contact the appointment clerk to arrange another day, and the clerk will tell you when to take the capsules.

### **Are there any risks or complications?**

A bowel transit study has no known risks or complications.

### **What will happen if I don't have the study?**

Your doctor will be unable to diagnose and treat the cause of your symptoms.