

File within 3rd spine

NHS number: _____
 Name: _____
 Address: _____

 Date of birth: _____
 CR number: _____

Affix patient label



Royal Cornwall Hospitals
 NHS Trust

Carer's Care Plan
 - For use by all divisions

Care Plan commencement date:	Care Plan completion date:
Name of Carer:	Relationship:

Problem

_____ is the carer of: _____ he/she will be offered support and guidance to maintain wellbeing.

Goals

RCHT staff agree to promote the wellbeing of individual Carers and to adopt a whole family approach in their work to support carers.

- Maintain the independence, physical and mental health of Carers and their families
- Empower and support Carers to manage their caring roles
- Ensure that Carers receive the right support, at the right time, in the right place
- Respect Carers' decisions about how much care they will provide and respect Carers' decisions about not providing care at all

Individualised Interventions

affix patient label

Actions

Does the patient have the ability to consent to sharing information with their carers? Yes No

If yes have they given consent? Yes No

RCHT Carer Passport given
(CHA3567 V2)

Initials:

Date:

RCHT Carers leaflet given
(RCHT1235 V3)

Initials:

Date:

Carer given details how to request a
Carer Assessment from Cornwall Council
(CHA3567 V2)

Initials:

Date:

Carers will be supported to exercise choice and make well-informed decisions about the support options available to them.

- It is acknowledged that Carers are free to choose not to care, or to decide on the amount of care they will provide.
- Care staff will recognise signs of distress and diminished capacity that may affect the ability or willingness of Carers to continue caring, so that they can ask the Carer if they are in need of support.
- Care staff will also be aware of local Carer support organisations so that the Carer can be sign-posted.
- Carers will be actively involved in the planning of care for the cared for.
- It is acknowledged that whilst Carers will be expert in the preferences, context and disease history of the patient, they will often not be expert in the disease(s), its course and management and how to deal with emerging caregiving challenges. Carers may, therefore, still need support from healthcare practitioners to empower them to fully fulfil their role as expert partners.
- Carers need to be aware of their entitlement to request carers assessment of their needs in their own right from Cornwall Council.

Care Plan
activated by

Sign
Print
Designation

Care Plan shared
with Carer

Sign
Print
Designation