

NHS number: _____
 Name: _____
 Address: _____

 Date of birth: _____
 CR number: _____

Affix patient label

The Bath Ankylosing Spondylitis Functional Index (BASFI)

The pain Visual Analogue Scale (VAS)²

1. Putting on your socks or tights without help or aids (e.g sock aid)

None Very severe

2. Bending from the waist to pick up a pen from the floor without aid

None Very severe

3. Reaching up to a high shelf without help or aids (e.g helping hand)

None Very severe

4. Getting up from an armless chair without your hands or any other help

None Very severe

5. Getting up off the floor without help from lying on your back

None Very severe

6. Standing unsupported for 10 minutes without discomfort

None Very severe

7. Climbing 12-15 steps without using a handrail or walking aid (one foot for each step)

None Very severe

8. Looking over your shoulder without turning your body

None Very severe

9. Doing physically demanding activities (eg physiotherapy exercises, gardening or sports)

None Very severe

10. Doing a full days activities whether it be at home or at work

None Very severe

For professional
use only

Score out of 10

Total out of 100

BASFI score = $\frac{\text{Total}}{10}$ =

Assessor's name:

Signature:

Designation:

Date:

Time: