

Place patient sticker **within** this box

Acute Exacerbation of COPD Discharge Care Plan/Bundle - Respiratory



Care Plan commencement date:	Care Plan completion date:		
Problem			
Patient admitted with Acute Exacerbation of Chronic Obstructive Pulmonary Disease (AECOPD) requiring AECOPD discharge planning			
Goals			
<ul style="list-style-type: none"> Return to and maintain pre-morbid level of function Promote Early Supported Discharge Promote health & disease self-management 			
Other individual goals	Sign, Designation Date and Time		
Admission tasks			
	Date and Time	Sign, Designation	
Medical review of the patients medications completed			
Assess inhaler technique and correct if necessary (Provide written information)			
Provide a written self-management plan/update current plan			
Consider a rescue drug pack			
Provide an Oxygen alert card with advice for carbon dioxide retainers			
Is the patient a smoker <input type="checkbox"/> Ex-smoker <input type="checkbox"/> Never smoked? <input type="checkbox"/> (Please tick)			
Refer to smoking cessation via Maxims			
Assess for suitability for pulmonary rehabilitation (see guidance overleaf) Suitable - Yes <input type="checkbox"/> No <input type="checkbox"/> Referred - Yes <input type="checkbox"/> No <input type="checkbox"/> (Please tick) Refer via community Respiratory Nurse.			
Refer all COPD patients to the community respiratory nurse cpn-tr.midrespiratoryteam@nhs.net with the target of them making 72 hour telephone contact (template overleaf)			
Other individual interventions		Date and Time	
		Sign, Designation	
Care Bundle activated by	Signature Print Designation	Care Bundle shared with patient	Signature Print Designation



Acute Exacerbation of COPD Discharge care bundle advice and guidelines

Criteria for pulmonary rehabilitation

Inclusion	Exclusion
FEV1 < 60% predicted	Unstable angina
Breathlessness causing impairment of ADL's	MI within 6 weeks
MRC Dyspnoea score at least 3	Uncontrolled cardiac arrhythmias
Motivation / willingness to take part	Unstable hypertension
On optimal therapy	Severe cognitive impairment
	Locomotor or other severe medical conditions

Medical Research Council Dyspnoea scale - Grade degree of breathlessness related to activities

1	Not troubled by breathlessness except on strenuous exercise
2	Short of breath when hurrying or walking up a slight hill
3	Walks slower than contemporaries on level ground because of breathlessness, or has to stop for breath when walking at own pace
4	Stops for breath after walking about 100m or after a few minutes on level ground
5	Too breathless to leave the house, or breathless when dressing or undressing

Email template for Community Respiratory Nurse referrals

Send to: cpn-tr.midrespiratoryteam@nhs.net
 In the subject box - **PATIENT INFORMATION - CONFIDENTIAL REFERRAL** - and tick confidential
 In the free text -
 Patient's name, CR number, postcode and telephone number
 GP surgery
 Oxygen requirements / prescription
 Primary diagnosis

HOOF

Part A - All medics can use
Part B - Specialist use only

Please order oxygen 3 days prior to discharge: www.airliquidehomehealth.co.uk/hcp/portal_a/