

Advice for managing post-operative pain in children

Parent / Guardian of:

NHS number: _____
 Name: _____
 Address: _____

 Date of birth: _____
 CR number: _____

Affix patient label

Weight

Based on your child's current weight of: _____ Kg

Post operative pain advice

We would advise **regular painkillers** for the **first 48 hours** following the operation. The following are safe maximum doses for your child:

• **Paracetamol** - 120mg / 5ml suspension _____ ml every **six hours**

- 250mg / 5ml suspension _____ ml every **six hours**

Time of next dose _____ **h**

• **Ibuprofen** - 100mg / 5ml suspension _____ ml every **eight hours**

Time of next dose _____ **h**

If ongoing pain please arrange to see your GP or contact Harlyn Ward on 01872 25 3909.

Doctor (print): _____ Grade: _____

Signed: _____ Date: _____