



Place patient sticker **within** this box



Referral to Orthoptist - Guidelines for Health Visitors

Refer babies under 12 months of age if:

- Constant squint (either inward, outward or up or down turning eye)

Urgent referral should be made for the following conditions:

- Nystagmus (Wobbly eyes)
- Any significant facial abnormality involving the eyes
- Concern that the baby may not be able to see

Refer babies over 12 months of age if:

- Constant squint or intermittent squint (either inward, outward or up or down turning eye)
- Nystagmus (Wobbly eyes)
- Parental concern regarding the eyes / sight
- Any constant abnormal head posture especially if it is obvious when concentrating.

Children over 6 years

- Advise the parents to attend their local Optician.

Vision screening:

- All children are offered a vision screening test carried out by Orthoptists during their reception year (between 4 - 5 years of age) at school.

Please **DO NOT** refer only on family history

The Orthoptists are based at the Royal Cornwall Hospital. Outpatient Clinics are held on a weekly basis at:

- Royal Cornwall Hospital
- Bodmin Hospital
- Camborne / Redruth Hospital
- Falmouth Hospital
- Newquay Hospital
- Helston Community Hospital
- St Austell Community Hospital
- West Cornwall Hospital

Please ring us on 01872 253287 or email: rch-tr.RCHOrthoptic@nhs.net if you wish to discuss a referral.