

File within 3rd spine

NHS number: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Date of birth: \_\_\_\_\_  
 CR number: \_\_\_\_\_

Affix patient label

Only to be used in conjunction with the guideline for the management of paediatric patients with type 1 and type 2 diabetes requiring a GA or sedation for surgery or another procedure

**Personalised management plan for paediatric patient with diabetes requiring general anaesthetic or sedation**

Procedure type		Procedure date		Procedure time	
Named anaesthetist		Paediatric registrar needs to be informed? (tick as appropriate)		<input type="checkbox"/> Yes <input type="checkbox"/> No	
Agreed admission date		Agreed admission time			
Annual review bloods (tick as appropriate)			<input type="checkbox"/> Required <input type="checkbox"/> Not required		

**Day before procedure**

Fluids and diet	Oral	Normal oral intake			
	IV	IV fluids only if IV insulin is commenced. As per Appendix 3			
Insulin	SC	Time	Type		Units
		Time	Type		Units
		Time	Type		Units
		Time	Type		Units
	IV	If inpatient, and BG > 15mmol/l, and blood ketones >1mmol/l			
BG monitoring	At least pre meals, snacks and at bedtime. If poorly controlled diabetes: 4 hourly overnight. If on IV insulin: at least hourly.				

**Day of procedure**

<b>Pre-procedure</b>	Fluids and diet	Oral	Clear fluids only from (insert time):		
			Nil by mouth from (insert time):		
		IV	IV fluids only if IV insulin is commenced. As per Appendix 3		
	Insulin	SC	<b>Morning surgery</b>	Give ..... units of Lantus/Levenir, <b>but OMIT all other SC insulin</b>	
			<b>Afternoon surgery</b>	At 7am with light breakfast give: ..... units of ..... insulin ..... units of ..... insulin	
		IV	In all cases, if BG > 15 mmol/l and ketones > 1 mmol/l. As per Appendix 3. Also in this case, routinely start IV insulin and fluids as per Appendix 3 at (insert time): (DELETE if not appropriate)		
BG monitoring	At least hourly from 7am or if on IV insulin				

affix patient label

Day of procedure			
<b>During Procedure</b>	Insulin	If already on IV insulin and fluids, continue this as per Appendix 3. <b>If not already on IV insulin and fluids, start these if BG &gt; 15 mmol/l and ketones &gt; 1 mmol/l as per Appendix 3.</b>	
	BG monitoring	At least hourly	
<b>Post-procedure</b>	Fluids and diet	Oral	As per instructions of person doing procedure e.g. surgeons. Patients can eat a small amount when on IV insulin.
		IV	Continue IV fluids as long as IV insulin is running
	Insulin	SC	<b>Prescribe usual long-acting insulin.</b> Other insulins: discuss with PDSN when ready to eat a reasonable amount (see Appendix 2 if PDSn not available)
		IV	<b>Continue until 10 minutes after subcutaneous insulin given</b>
	BG monitoring	At least hourly for 4 hours post-op or until IV insulin is discontinued. Then before meals and snacks and before bedtime. More often if unstable.	

Name of person completing this plan	
Designation of person completing this plan	
In discussion with the following people	
Signature	
Date plan completed	