

Place patient sticker **within** this box**Risk assessment tool for Venous Thrombo-embolism prevention in patients aged 16 or over with lower leg immobilisation following trauma or injury**

Date:	Dept / Ward:	
Height:	Weight:	BMI:
Please circle all the risks listed below that apply to you and return the completed form to your nurse or doctor:		Score
Overweight (BMI >30kg/m ²) - please ask nursing staff if you are unsure of your BMI		2
Achilles Tendon rupture or repair		3
Previous history of leg clots (DVT) or lung clots (PE)		3
Pregnant or within 6 weeks of delivery		3
Complex surgery of the lower leg or fracture of the pelvis within last 6 weeks		3
Active cancer		3
History of venous blood clots (DVT or PE) in first degree relative		2
Unable to walk before the injury		2
Age over 60 years old		1
Abdominal (tummy) surgery within last 6 weeks		1
Gross varicose veins		1
Taking the Oral Contraceptive Pill or Hormone Replacement Therapy		1
Any inflammatory bowel disease (Crohn's disease or Ulcerative Colitis)		1
Total Score		<input type="text"/>
Known blood clotting disorder or thrombophilia – discuss with your Doctor for further advice		
Score	Recommendation for all patients unless fully weight bearing	Tick action
0-2	Mobilisation as able - no prophylaxis required	
3 or more	LMWH continued daily until patient is fully weight bearing eGFR >30ml/min - Dalteparin 5,000 units S/C once daily eGFR <30ml/min - Enoxaparin 20mg S/C once daily	



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Contra-indications: To be completed by supervising health care professional

Do not offer VTE prophylaxis with LMWH if the patient has any of the following

- Concurrent use of oral anticoagulation (inc. Warfarin, Rivaroxaban, Apixaban or Dabigatran)
- Acquired or inherited bleeding disorder (eg haemophilia)
- Thrombocytopaenia (platelet count < 75x10⁹/l)
- Uncontrolled hypertension (>230/120mm/hg)
- Active bleeding from any source

Care Plan activated by	Sign Print Designation	Care Plan shared with patients	Sign Print Designation
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