

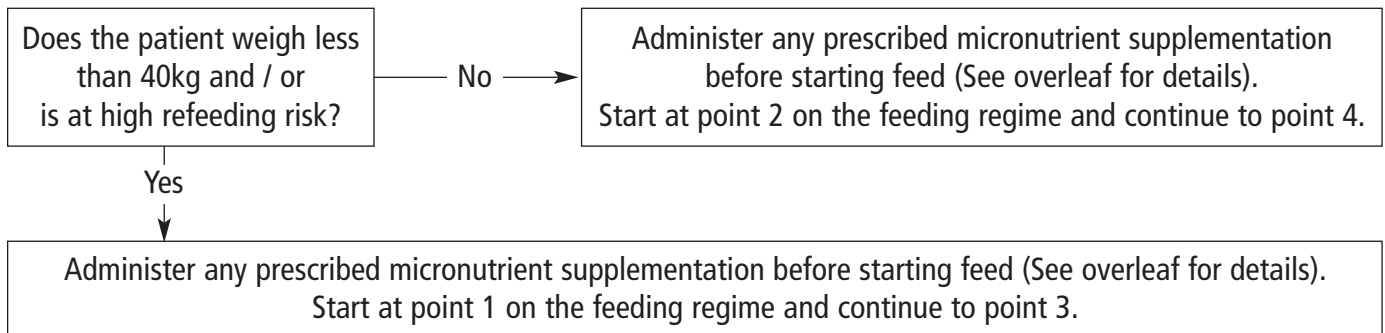
Place patient sticker **within** this box

Out of hours enteral feeding regime (Adults) - Nutrition and Dietetics



Ward:	Access route / Type of tube:
	Pump: Amika

	RN Signature / Print	Date / Time
Patient weight (kg)		
Patient refeeding risk See overleaf	Moderate risk High risk Severely high risk	
Estimated fluid requirements (= weight x 30-35ml/kg + losses)		
Refer to Dietitian on Maxims	Yes No	



	RN Signature / Print	Date / Time
Informed / checked Medical team have prescribed micronutrient supplementation and feed		
1	Fresubin Original 400ml @ 20ml / hr / 20hrs 4 hour rest period	
2	Fresubin Original 800ml @ 40ml / hr / 20hrs 4 hour rest period	
3	Fresubin Original 1200ml @ 60ml / hr / 20hrs 4 hour rest period	
4	Fresubin Original 1500ml @ 75ml / hr / 20hrs 4 hour rest period	
See overleaf for nutrient analysis and guidance on starting the feed		



Place patient sticker **within** this box



Refer to MUST tool for information containing weight, BMI, % weight loss

Oral fluid requirements for adults are:

For adults <60 years 35ml fluid/kg

For adults >60years 30 ml fluid/kg

Re-feeding risk must be assessed prior to starting feed

Moderate risk	High risk		Severely high risk
<p>Patient has one of the following:</p> <ul style="list-style-type: none"> -BMI < 18.5kg/m² - Unintentional weight loss > 10% within the previous 3 - 6 months - Very little intake for > 5 days 	<p>Patient has one of the following:</p> <ul style="list-style-type: none"> - BMI less than 16kg/m² - Unintentional weight loss > 15% within the previous 3 - 6 months - Very little nutritional intake for greater than 10 days - Low levels of potassium, phosphate or magnesium prior to feeding 	<p>Patient has two or more of the following:</p> <ul style="list-style-type: none"> - BMI < 18.5kg/m² - Unintentional weight loss >10% within the previous 3 - 6 months - Very little intake for greater than 5 days - A history of alcohol abuse or drugs including insulin, chemotherapy, antacids or diuretics 	<p>Patient has both of the following:</p> <ul style="list-style-type: none"> - BMI < 14 - Negligible intake for >15 days
These patients will require micronutrient supplementation			

Micronutrient supplementation:

	Oral	Enteral	IV
Thiamine	Thiamine 100mg tds	Crushed Thiamine 100mg tds dissolved in 20 ml sterile water	Pabrinex (1 pair) b.d.
B vitamins	Vitamin B Co-strong 1 tds	Vigranon B	
Multivitamin and trace elements	Forceval Capsule 1 od	Forceval soluble 1 tablet dissolved in 100ml sterile water	Micronutrient pack

Nutrient analysis:

Fresubin original	Total fluid*	Energy (kcal)	Protein (g)	Na (mmol)	K (mmol)
400ml	336	400	15.2	13.2	12.8
800ml	672	800	30.4	26.4	25.6
1200ml	1008	1200	45.6	39.6	38.4
1500ml	1260	1500	75.0	49.0	48.0
<p>*Total fluid: Enteral feeds contain solids and fluid. The figure for @Total fluid@ gives the actual amount of fluid</p>					