

File within 3rd spine

NHS number: _____
 Name: _____
 Address: _____

 Date of birth: _____
 CR number: _____

Affix patient label

Gastrostomy tube and stoma site complications - Over-granulation

Care Plan commencement date	Care Plan completion date
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Problem

Patient has developed over-granulation at Gastrostomy stoma site as identified by overgrowth of pink, bleeding, cauliflower like moist tissue from stoma. Prone to Bleeding.

Goals

To treat over granulation of Gastrostomy site possible causes may include; friction and chaffing around stoma; incorrect tube tension; incorrect tube size; patient 'fiddling' with tube; extended inflammatory response; Patient disease state and / or Malnutrition.

Interventions

Gastrostomy type:

cm: _____ **Fr Gauge:** _____

External fixation device at: _____ **cm**

Date inserted: _____

- Keep stoma site clean and dry. Handle tube gently otherwise stoma will bleed. For cleaning use a soft non-woven gauze or wipe (not cotton bud) document in nursing notes
- Ensure there is no pulling on the tube and the retention device is correctly positioned to prevent excessive movement / friction and possible leak
- The external fixation plate disc on a gastrostomy tube prevents the tube from being drawn into the gastro-intestinal tract by peristalsis. It should be secured 2-3mm from the skin. If secured too loose it can cause irritation and subsequently **over-granulation** of the stoma site occurs. Document in nursing notes if tube tension adjusted
- Discuss corticosteroid cream or tape with medical staff. However this is only suitable for short term use.
- Contact tissue viability and/or Nutrition Support team if required on extension 2301 or Head and Neck CNS on extension 3475
- Surgical removal of over-granulated tissue considered as the last resort.

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Personalised Care Interventions

Sign, Designation
Date and Time

Other individual interventions

Sign, Designation
Date and Time

Care Plan
activated by

Sign
Print
Designation

Care Plan shared
with patient

Sign
Print
Designation